

ANNUAL REPORT 2016



NGO Brothers of Charity
International development cooperation

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Cover picture: Programa de Intervención Psicosocial 'Jesús Amigo', Granada, Nicaragua

Chairman's message

The year 2016 was marked by a thorough focus on Fracarita International's activities, taking into account the mission and objectives of the organization, the needs of Third World countries, and further development of an international structure where cooperation, local capacity-building, and mutual support are key.

Raising awareness and destigmatization, capacity-building, fundraising, and international representation continue to be Fracarita International's major challenges, to which we fully want to commit ourselves with our motivated team of staff members and co-workers.

The main question this year was: how can we further support and strengthen local capacities so that a greater level of self-reliance can eventually be achieved, less dependent on financial support from abroad, while strengthening local organizational and professional know-how? Of course, always with a focus on the ultimate goal that the specific pupil or student, sick person, or person with disabilities we teach, care for, and support truly benefits from it, becomes more human, and their human dignity is promoted.

The time when all help and support for the daily operations came from the West is definitely over. Some will say that this is regrettable, but we see it as a new challenge for Fracarita International. For new projects, we will continue to count on international solidarity, and we are delighted that, thanks to our cooperation with governments, NGOs, and foundations, we were able to take a number of new initiatives this year and bring them to a favourable conclusion. For the realization of these projects, cooperation between Fracarita International's central services and the continental and regional coordinators is essential. We would therefore like to thank our continental and regional coordinators as well as the many local people in charge, and the staff members and co-workers for the growing level of cooperation we are experiencing.

However, for the daily activities of our schools and facilities, and for updating the care and support, for which constant financial resources are needed, we have radically taken the path of enhancing our own capacity. It is a road that

is long, fraught with resistance, and very unclear in some places. But together we have taken this new road because we realize that only the strengthening of our own capacities ensures future-oriented and lasting operations. And we can say that we could already see the first hopeful results in 2016.

Our international representation continues to be the main focus of the search for opportunities to reduce stigma, which often weighs on everything that has to do with mental health care and the care for people with disabilities, and eventually to make it disappear. 'Breaking chains' was a theme in 2015 as a result of the fact that, 200 years before, the Brothers of Charity had broken the chains that bound the people suffering from mental illness in Belgium. It was the start of a human-oriented care, which continues today in 30 countries worldwide. It remained the theme that was developed and spread in 2016 through international colloquia, publications, the Guislain Award, and concrete contacts at world level, and we very consciously decided to go on with this theme in the years to come. There are still many chains that need to be broken!

For Fracarita International, as the religious Congregation of the Brothers of Charity's international NGO, the connection with the Congregation remains vital and unbreakable. Therefore, the core business continues to be charity, the concrete care for the neighbour, which finds and continues to find its inspiration in God's love. This charity is different from mere philanthropy precisely because of this particular inspiration that forms the basis of assistance and relief, the absolute respect for all life, the special concern for people in need, and the care of our neighbours in every dimension. That is why we hold up our name with pride, because in this name our identity lies and through our operations our identity shines.



Bro. Dr. René Stockman
General superior Brothers of Charity
President of Fracarita International

Mission

International governance

Fracarita International is a **nonprofit organization** of the Congregation of the **Brothers of Charity** whose aim is to support the services of the congregation especially in **Latin America, Africa and Asia**. It will exercise this task in line with the mission of the Brothers of Charity which is oriented to radiate God's love in the world, especially in the lives of the most vulnerable people through concrete works of charity in the fields of **mental health care, care for people with a disability and education**.

Fracarita International will fulfil its mission through concrete support to the services developed by the Brothers of Charity with special attention being given to **capacity-building, coaching, exchange of knowledge and expertise, international fundraising and influencing policymakers**. Through the creation of **regional fundraising offices** in several countries, Fracarita International will try to find new funds for projects.

A network of **continental and regional coordinators** has been established in order to improve professionalism in the services and enhance the local capacity for **self-reliance**

through better management and a higher level of creativity and skills in setting up initiatives for local fundraising and income generating activities.

As a nonprofit organization with a special consultative status to the **United Nations**, Fracarita International respects a **human rights** based approach and will play its role as an advocate for those whose rights are not respected because of their specific life situation.

In order to achieve these objectives, Fracarita International will always be open to **collaboration** with other groups who share the same vision.

Through its activities, Fracarita International, in line with the Social Doctrine of the Catholic Church, will **serve humanity** and especially those whose human dignity is at risk. In line with the mission of the Brothers of Charity, Fracarita International will help to improve the **quality of life** and contribute to a more **humane society** where there is a place for the poor and the weak.

▼ Ecole de Vie, Goma, DR Congo



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When the governance structure of Fracarita International was developed, special attention was paid to ensure that the organization is not only in word but also in deed a truly **international** organization. Brothers and co-workers from different parts of the world and with different cultural backgrounds are therefore involved in the governance structure and give direction to the organization. Cultural diversity really is a gift for our organization.

Another element that was incorporated into the governance structure is the principle of **subsidiarity**. Fracarita International is convinced that many tasks could be performed more effectively and in a more sustainable way at country level than at international level. That is why the 16 country offices form the centrepiece of our structure and are strongly encouraged to take responsibility with regard to local fundraising, monitoring and training. Nevertheless, Fracarita International continues to support

the country offices by taking up activities that can best be organized at international level such as international fundraising, stimulating the international solidarity within the congregation, providing training in capacity building to the country offices and international representation.

A third element that is typical of Fracarita International's organization structure is that the NGO is still **embedded in the congregation**, unlike many other NGOs founded by religious orders. The leading and decision making positions within Fracarita International are still held by the Brothers of Charity themselves to ensure that the congregation and the NGO act along the same lines.

Governance structure:

General Assembly:

The General Assembly is Fracarita International's sovereign body. It meets at least once a year.
President: Bro. René Stockman (BEL)
Members: Bro. Jos Mathijssen (BEL), Bro. Jean Mbeshi (DRC), Bro. Victor Hugo Merine Conde (PER), Bro. Adrian Hartotanojo (IDN), Bro. Godfried Bekaert (BEL), Bro. Joel Ponsaran (PHL), Bro. Paulin Kindambu (DRC), Bro. Veron Raes (BEL)

Governing Board:

The Governing Board is the deliberative body responsible for controlling the management activities of the Executive Committee.

President: Bro. René Stockman (BEL)
Members: Bro. Adrian Hartotanojo (IDN), Bro. Jean Mbeshi (DRC), Bro. Victor Hugo Merine Conde (PER), Bro. Jos Mathijssen (BEL)

Executive Committee:

The Executive Committee is the executive body of Fracarita International and supervises the implementation of decisions taken by the General Assembly and Governing Board and represents the organization at international level.

International Development Office:

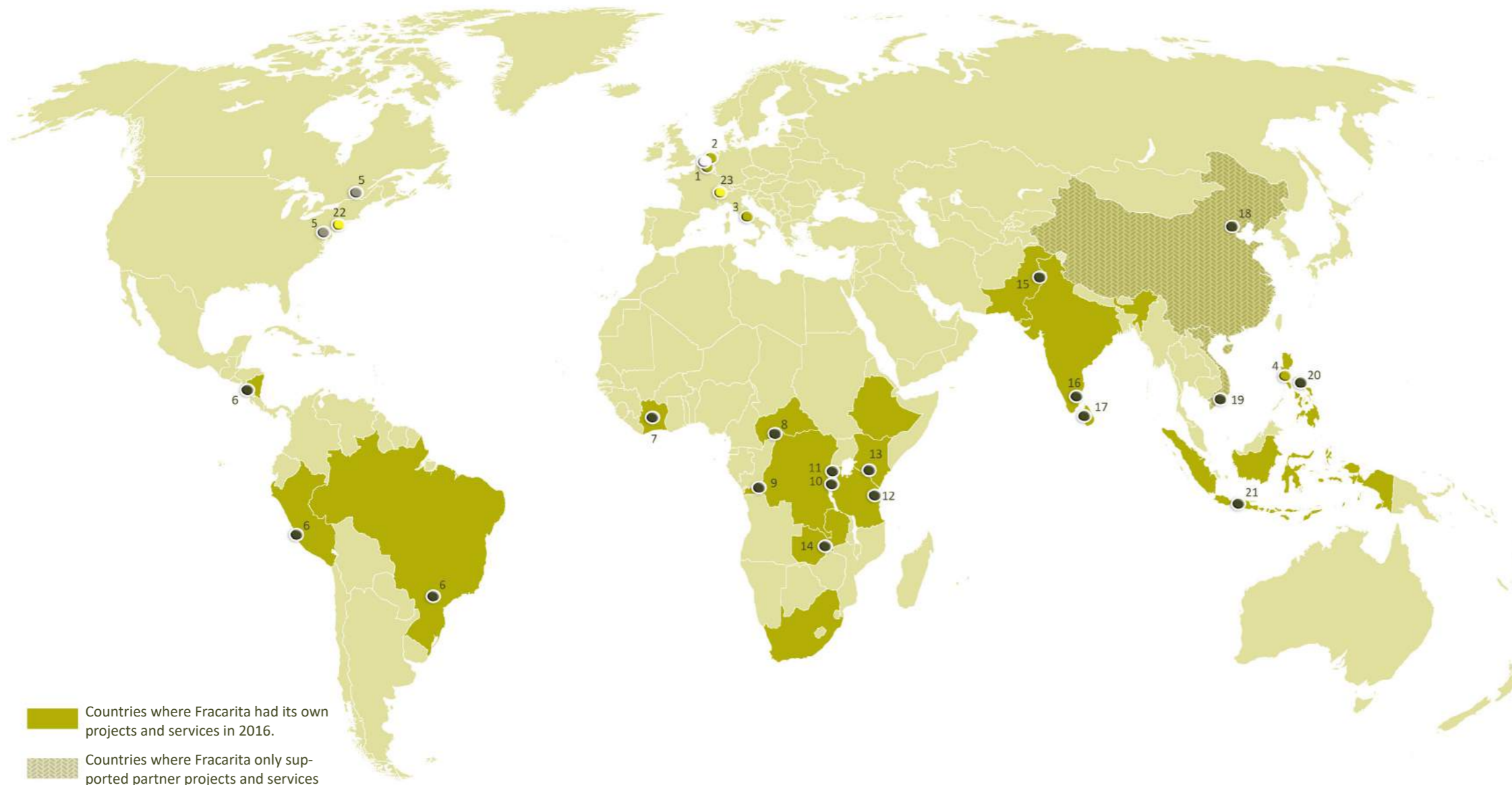
This body coordinates and supports the different country offices of Fracarita.

◀ See our organization chart for an overview of our NGO's structure:



Where does Fracarita International work?

Fracarita supported thousands of people through 115 services in 18 countries in Latin America, Africa and Asia in 2016.



Dark Green: Countries where Fracarita had its own projects and services in 2016.

Light Green with Grid: Countries where Fracarita only supported partner projects and services in 2016.

Head office:
Central services, based in Bruges, Belgium.

Regional Fundraising Offices
Provide material, financial and professional support to the country offices.

Current

1. Fracarita Belgium, Ghent
2. Fracarita Netherlands, Eindhoven
3. Fracarita Italy, Rome
4. Fracarita Philippines, Manila

Planned

5. Fracarita Americas (USA + Canada)

Country offices:
Monitor the project implementation locally and are responsible for local fundraising and income generating activities.

Latin America

6. Fracarita Latin America, Lima (PER) (Peru + Nicaragua + Brazil)

Africa

7. Fracarita Ivory Coast, Yamoussoukro
8. Fracarita CAR, Bangui
9. Fracarita DRC, Kinshasa
10. Fracarita Burundi, Bujumbura
11. Fracarita Rwanda, Kigali
12. Fracarita Tanzania, Dar es Salaam
13. Fracarita Ethiopia & Kenya, Nairobi (KEN)
14. Fracarita Southern Africa, Lusaka (ZMB)

Asia

15. Fracarita Pakistan, Lahore
16. Fracarita India, Karaikudi
17. Fracarita Sri Lanka, Ja Ela
18. Fracarita China, Beijing
19. Fracarita Vietnam, Ho Chi Minh
20. Fracarita Philippines, Tabaco
21. Fracarita Indonesia, Yogyakarta

International representation
Representation on international bodies

22. ECOSOC, New York, USA
23. International Catholic Centre of Geneva, Switzerland

3 areas, one objective: human dignity

Fracarita International supports services in 19 countries in Latin America, Africa and Asia in three very specific areas: mental health care, education and care for people with a disability. All 115 services work for different beneficiaries, in different socio-cultural settings and face different problems. But they do share one and the same objective: to restore the human dignity of the most vulnerable people. On the following pages you will find an overview with data for each country where Fracarita International supported services in 2016 in different ways: financially, by supporting their capacity building efforts, by representing them at international fora, by encouraging them to continue the great work of bringing about a change in the lives of so many wonderful people.

MENTAL HEALTH CARE

When thinking about health challenges in low-income countries, diseases like tuberculosis, HIV/AIDS, malaria, and other tropical diseases quickly come to mind, but few think of mental health. In fact, according to the WHO, three-quarters of those afflicted with mental disorders live in developing countries. Mental disorders are a leading cause of disability globally and represent 14 per cent of the global burden of disease. Despite the enormous health burden, it remains one of the most neglected illnesses.

Research by the American Institute of Medicine (IOM) shows growing levels of mental health disorders particularly in developing countries. Violence, human rights abuses, poverty, gender inequality and low levels of education all exacerbate mental health problems. In many societies it remains a taboo to discuss it openly.

Fracarita International manages to restore the human dignity of thousands of men, women and children by providing mental health care in 37 psychiatric facilities in Sub-Saharan Africa, Asia and Latin America.



▲ Holy Face Rehabilitation Centre for Mental Health, Tabaco, Philippines

EDUCATION

The 2012 report of the United Nations on progress towards the Millennium Development Goals highlights that many developing countries have made significant progress with regard to universal primary education. Enrolment rates of children of primary school age increased significantly in sub-Saharan Africa, from 58 to 76 per cent between 1999 and 2010. In four other developing regions (Northern Africa, Eastern Asia, Latin America and the Caribbean and South-Eastern Asia), the rate increased to at least 95 per cent.

More and more children seem to have access to education, a very positive evolution, but there is still a huge challenge with regard to the quality of education. In many developing countries there is a serious lack of teachers resulting in overcrowded classrooms, lack of school furniture and didactic material, lack of basic teaching skills, ... The drop-out rate is still high in many developing countries, especially among children from disadvantaged groups, which makes it more difficult for them to escape poverty. In 2010, there were 71 million young adolescents (typically aged 12-15 years) out of school around the world, this is about twice the population of a country such as Canada. Millions of young people lack the skills that could help them to improve their own living conditions.

By giving quality education to more than 13.500 vulnerable children and adolescents in 54 schools in Sub-Saharan Africa, Asia and Latin America, Fracarita International contributes to make education a dream-come-true for all.



▲ Aldeia Infantil Estrela da Manhã, São Sebastião de Amoreira, Brazil

CARE FOR PERSONS WITH A DISABILITY

According to the World Health Organization, about 15 per cent of the world's population, or more than one billion people, live with some form of disability. The vast majority of these people (80%) live in developing countries. The linkage between poverty and disability seems very strong and goes in both directions. Those who live in poverty are more likely to acquire a disability through malnutrition, poor health care and dangerous living conditions. The World Bank estimates that 20 per cent of the world's poorest people have some kind of disability. Those who already have a disability are more likely to become impoverished because they can hardly participate in the economic and social life of their communities and are forced into a situation of dependency. In most developing countries, supports and accommodations for people with disabilities are not available. The UN cited a figure of more than 350 million people with disabilities living in areas where essential services needed to help them in overcoming their limitations are not available. As a result, people with a disability must depend on their families, but they are mostly too poor to give them the support they need.

Children and adolescents with a disability in developing countries are very likely to end up in the vicious circle of poverty, exclusion and dependency as most of them have no access to any form of education. UNESCO states that 98 % of children with disabilities in developing countries simply do not attend school. Instead they are often shunned, isolated and stigmatized by their community and sometimes even hidden by their families.

In 2016, Fracarita International assisted hundreds of children and adults with disabilities to gain greater independence by providing rehabilitation programmes and special needs education in 22 facilities. With a focus on their abilities instead of disabilities, they could improve their quality of life.

AFRICA



Electroencephalography (EEG) in Psychiatric Centre SOSAME (Bukavu, DR Congo)

Burundi

Central African Republic

Providing mental health care in one of the world's poorest countries, plagued by ethnic conflicts in the past.

Restoring the dignity of marginalized people and giving new perspectives in a destabilised nation.

Since:	1979
Coordination	Bro. Hippolyte Manirakiza
Brothers:	8
Co-workers/volunteers	187



● = location with services of Fracarita Burundi

SERVICES IN BURUNDI:	PLACE
1. Centre de Soins Mentaux St. Camille	Gitega
2. Centre Neuro-Psychiatrique Kamenge	Bujumbura
3. Centre Neuropsychiatrique de Ngozi	Ngozi

Since:	2011
Coordination	Bro. Théophile Luenge
Brothers:	5
Co-workers/volunteers	6



● = location with services of Fracarita CAR

SERVICES IN THE CENTRAL AFRICAN REPUBLIC:	PLACE
1. Social service at Bangui prison	Bangui
2. Centre Psychothérapeutique	Bangui

REMARKABLE IN 2016:

REMARKABLE IN 2016:

1 President of Fracarita International visits Ministry in Burundi

Bro. René Stockman, President of Fracarita International, visited the Burundian Ministry of Foreign Affairs and International Cooperation and the National Institute of Public Health in May 2016. The discussion focused on the mental health problematic in Burundi and on the possibility of creating a synergy for potential interventions, especially in the decentralization and the integration of mental health care in the primary care. After this visit, Fracarita International's delegation visited the National Institute of Public Health (NIPH), together with a delegate of the International Organization for Migration (IOM).

2 New kitchen unit and bathroom in Ngozi

An organization donated 28,100 CHF – approximately € 26,000 – for the benefit of the Centre Neuropsychiatrique de Ngozi. The money was used for the construction of a kitchen unit and a bathroom. Thanks to this donation, the psychiatric centre is able to take care of more residents. To give an answer to the urgent question to decentralize mental health, this third centre was opened in the inland area of Burundi in 2014. Thanks to the support of a Spanish benefactor, the set up of this centre was possible. The centre immediately started with ambulatory care and the treatment of psychiatric patients.

1 Establishment of an ambulatory psychiatric consultancy service

With the substantial support of the funders, the Brothers of Charity started with the first phase of the global project in September 2016, by organizing ambulatory psychiatric consultations for children and youngsters with posttraumatic stress disorders (PTSD).

Within the perspective (and the ambition) to construct more adapted buildings in order to establish a well-developed mental health centre, these ambulatory psychiatric consultations were started in the existing, small house on the property. This existing building has already been restored with the financial means of the Congregation and also equipped with the most urgent and necessary basic furniture.

Since september 2016, the Brothers also started awareness activities in primary and secondary schools, in the parishes, in neighborhoods, through radio programmes, etc.

Additionally, The Brothers started to do some home visits (within the concept of 'community based approach') which offers the opportunity to strengthen their awareness, to enhance their ability to detect people who need professional help and sending them to the centre for psychiatric consultancy services and / or psychotherapy sessions.



DR Congo

Mental health care, care for people with disabilities and education for a vulnerable but resilient population.

Since:	1911
Coordination	Bro. Ernest Ciza
Brothers:	92
Co-workers/volunteers	888

SERVICES IN DR CONGO:	PLACE
 1. Tulizo Letu	Goma
2. Jukayi, département Santé Mentale	Kananga
3. Centre Neuro-psychiatrique Pierre Joseph Triest	Lusanga Kikwit
4. Centre Neuro-psychiatrique Dr. Joseph Guislain	Lubumbashi
5. Centre Psychiatrique Shabunda	Shabunda
6. Centre Psychiatrique SOSAME	Bukavu
7. Centre Psychiatrique Uvira	Uvira
8. Simama, département Santé Mentale	Kisangani
9. Nioki Centre Elikya, département Santé Mentale	Nioki
 10. Centre de Rééducation et Handicapé Physique Jukayi (CRHPJ)	Kananga
11. Centre de Rééducation pour Handicapés Physiques (CRHP)	Kinshasa
12. Elikya	Nioki
13. Shirika la Umoja	Goma
14. Centre Simama	Kisangani
 15. Ecole de Vie	Goma
16. Ecole pour assistants kinésithérapeute	Goma
17. Ecole primaire Ditaba	Lusambo
18. Ecole primaire Ditekemena	Lusambo
19. Ecole primaire Kintu Kimune	Kabinda
20. Ecole Soins Infirmiers Psychiatrique	Goma
21. Institut Bumune	Kabinda
22. Institut Dinanga	Lusambo
23. Institut Professionel (IPRO) Kifulo	Kabinda
24. Institut Technique Fundi Maendeleo	Bukavu
25. Institut Technique Professionel (ITP)	Lusambo
26. Ecole spéciale Monzoto	Kisangani
27. Ecole spéciale Rafiki 1	Kisangani
28. Ecole professionnelle Rafiki 2	Kisangani



▲ Ecole de Vie, Goma

REMARKABLE IN 2016:

1 New materials and renovation works for rehabilitation centre in Kinshasa

Centre de Rééducation pour Handicapés Physiques (CRHP) received large donations from two organizations and will use the money for some thorough refurbishments in the centre. The first organization paid a contribution of € 95,938 for the financing of radiological and orthopedic materials, and materials for physiotherapy and surgery. The other organization paid a contribution of € 77,682.84 to renovate the operating room, improve the parking spots and repair the existing buildings.

The CRHP is a centre for physically disabled people. A social care service is also available for individuals requiring support services. The medical service provides the following: consultations, hospital admission if necessary, orthopaedic surgery, radiology, a pharmacy and a dispensary. Besides revalidation, the centre offers orthopedic equipment, an optical service and locomotor equipment.

2 Kabinda schools renovated and reopened

The new construction projects and renovation work in 'Kintu Kimune', a primary school, and 'IPRO Kifulo', a vocational school, were completed in 2016. With the new classrooms and the renovation of the existing buildings the

Brothers of Charity want to provide high-quality education and training in the 'Saint-Ambroise' school complex in Kabinda, DR Congo. This could be achieved thanks to the support of Fracarita Belgium's 2015 South Campaign, the intervention of the Italian Bishops' Conference, the financial support from the Belgian National Lottery and the province of West Flanders, and the cooperation of a number of volunteers from Belgium who went to Kabinda several times through Fracarita Belgium to supervise the work, install the machinery, and train the teachers. The students of the vocational school did the lion's share of the work themselves. A unique project!

3 EEGs for Lubumbashi

For a few years now, Fracarita Belgium has been working with UCB - a global biopharmaceutical company - in Lubumbashi in the field of raising awareness about and treatment of epilepsy. To make a proper diagnose and to determine the correct dose of medication, it is necessary to have an electroencephalogram. A fixed device was purchased for the psychiatric centre of Lubumbashi and also a mobile device that the mobile teams take with them when they offer consultations in various places in a 120 km radius outside Lubumbashi. In 2016, the new equipment did 676 EEGs.



Ethiopia

Mental health pioneers in a country with widespread prejudice against people with mental health issues.

Since:	2011
Coordination	Bro. Edouard Manda
Brothers:	8
Co-workers/volunteers	135

SERVICES IN ETHIOPIA:	PLACE
1. Gefersa Mental Health Rehabilitation Centre	Addis Abeba



REMARKABLE IN 2016:

1 First steps for new centre for children with mental disabilities

A new community house 'Saint Bernard' was opened in Yirgacheffe (southern Ethiopia), where a Day Centre for Children with Mental Disabilities will be developed. Unfortunately, the country experienced tribal and ethnic violence in 2016. The country was in a stage of emergency for more than 6 months. In that period, the Brothers were not able to start any activity for the new day centre, so they opted to engage in peace building. They organized workshops with the local youth about peace building and reconciliation. The further development of the centre is scheduled for 2017 or later.



Ivory Coast

Introducing mental health care in a country where mental disorders are still believed to be the result of evil spirits.

Since:	2003
Coordination	Bro. Félicien Ngendahimana
Brothers:	5
Co-workers/volunteers	34

SERVICES IN IVORY COAST:	PLACE
1. Maison de Soins Psychiatriques Saint Vincent de Paul	Yamoussoukro



REMARKABLE IN 2016:

1 Patients and staff clean psychiatric centre in Yamoussoukro

Hygiene is very important for a healthy and balanced life, especially for persons with mental health issues. The psychiatric centre of Yamoussoukro has been thoroughly cleaned in April 2016. Every room and space was cleaned by a cooperation between co-workers and patients. No less than 90% of the patients participated in the activity. It had a very therapeutic effect!



2 World Day of the Sick celebrated in Saint Vincent de Paul

World Day of the Sick is a feast day of the Roman Catholic Church, which was instituted on May 13, 1992 by Pope John Paul II. Beginning on February 11, 1993, it is celebrated every year on the commemoration of Our Lady of Lourdes, for all believers seeks to be "a special time of prayer and sharing, of offering one's suffering". World Day of the Sick was celebrated in the psychiatric centre St. Vincent de Paul in Yamoussoukro. A Mass, ceremony and some conferences were organized on 14 February 2016. The Mass was broadcasted on Radio Maria Côte d'Ivoire. The day was finished by a dinner for all staff members, patients, families and visitors.



Kenya

Pioneering a small-scale health care initiative in the East African country of Kenya.

Since:	2016
Coordination	Bro. Christianus Rwehikiza
Brothers:	4
Co-workers/volunteers	11

SERVICES IN ETHIOPIA:	PLACE
1. Buyangu Health Centre	Kakamega



REMARKABLE IN 2016:

1 New community and health centre in Buyangu

In the diocese of Kakamega, near the city of Kisumu and famous Lake Victoria in Kenya, a new community and a health centre were opened in Buyangu in August 2016. At the request of the bishop of Kakamega, the congregation took over an existing health centre which had been abandoned for many years. The goal is to bring it back to life and also to develop the care of psychiatric patients. The nearby convent, which had also been abandoned for years, has been refurbished and readied in order to accommodate a new community of brothers. In the presence of the Fracarita International's President, Bro. René Stockman, and the representative of the bishop, Fr. Maurice, both the convent and the health centre were solemnly consecrated and opened. Henceforth, the Brothers of Charity are present in Buyangu with a concrete work in health care, in addition to the house of formation with an international novitiate and Provincial House in Nairobi.



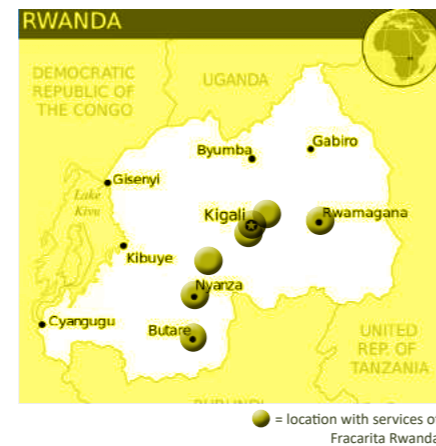
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Rwanda

Providing mental health care, education and care for persons with a disability in a country trying to come to terms with its past.

Since:	1929
Coordination	Bro. Kizito Misago
Brothers:	16
Co-workers/volunteers	575

SERVICES IN RWANDA:	PLACE
1. Centre Psychothérapeutique Icyizere	Kicukiro
2. Centre Psychiatrique Caraes Butare	Huye
3. Hôpital Neuropsychiatrique Caraes Ndera	Gasabo
4. Centre de jour Humura	Gasabo
5. Home de la Vierge des Pauvres (HVP) Gatagara/Gikondo	Kicukiro
6. HVP Gatagara/Nyanza	Nyanza
7. RBC Ruhango	Ruhango
8. Groupe Scolaire HVP Gatagara	Nyanza
9. VTC HVP Gatagara	Nyanza
10. School for the blind and visual impaired	Rwamagana
11. School for Mentally Challenged Children/Gikondo	Kicukiro
12. Groupe Scolaire Gatagara	Huye



▼ School for the blind and visual impaired, Rwamagana



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REMARKABLE IN 2016:

1 Huye Secondary School multi-purpose room completed

HVP Gatagara / Huye is a secondary school for inclusive education. About 40% of the children have physical disabilities, the majority of students stays at boarding school. With the support of the Rwandan Ministry of Education and Fracarita Belgium, a new multi-purpose room was put to use in 2016. This quality infrastructure provides additional space for the growing school and more opportunities for educational and recreational activities for students, parents, and teachers. Thanks to the school's central location, the room can also be rented out to third parties, which generates income for the school, which in turn can be invested in high-quality education. Fracarita Belgium's contribution therefore has a lasting impact in various areas: upgrading the school infrastructure, diversifying in the number of educational and recreational activities, and the opportunity to generate additional income for the school.

2 Opening of new kitchen and laboratory at Caraes Ndera

In August 2016, a new kitchen, laundry room, warehouse, and laboratory were opened as Caraes Ndera Psychiatric Centre's newest building projects. These were realized with the support of Fracarita Belgium, the Belgian Directorate General for Development Cooperation (DGD), and contributions from the psychiatric centre itself. In the meantime, the older buildings were being converted into consulting rooms and more comfortable rooms for patients, and the construction of a proper administrative office with consulting rooms for physicians continues.



South Africa

Mental health care, care for people with a disability and education with a special focus on the most vulnerable people.

Since:	1929
Coordination	Bro. Constantino Chisi
Brothers:	12
Co-workers/volunteers	182

SERVICES IN SOUTH AFRICA:	PLACE
 1. Thandanani Centre	Johannesburg
 2. Triest Training Centre	Klerksdorp
 3. Pax Hostel	Polokwane
4. Pax Institute	Polokwane
5. Pax Skills Development Centre	Polokwane
6. Paxajana	Polokwane
7. Paxana	Polokwane
8. Saint Conrad's Primary School	Klerksdorp
9. St. Conrad's High School	Klerksdorp
10. St. Conrad's Little Saints	Klerksdorp



REMARKABLE IN 2016:

1 Thandanani Centre celebrates World Mental Health Day

World Mental Health Day is observed on 10 October every year, with the overall objective of raising awareness of mental health issues around the world and mobilizing efforts in support of mental health (see page 45). Staff and patients of the Thandanani Centre shared a great lunch together and participated in other activities that day.

2 Sports competition at psychiatric centre in Johannesburg

Thandanani Centre organized a sports competition for its patients in February 2016. They could participate in different sports, such as pool, ping pong, darts, board games, etc.

Thandanani is a centre providing mental health care in one of the outskirts of the metropolis of Johannesburg. The centre offers patients a structured, supporting environment and helps them to live as independently as possible. The patients learn, next to practical domestic skills, social skills too, so that they are able to reintegrate in society. Furthermore, the centre raises awareness amongst the local population, because in South Africa psychiatric patients are still heavily stigmatised. Approximately fifty-five patients are accommodated in the centre on a residential basis; ten others access the facility only during the day.



Tanzania

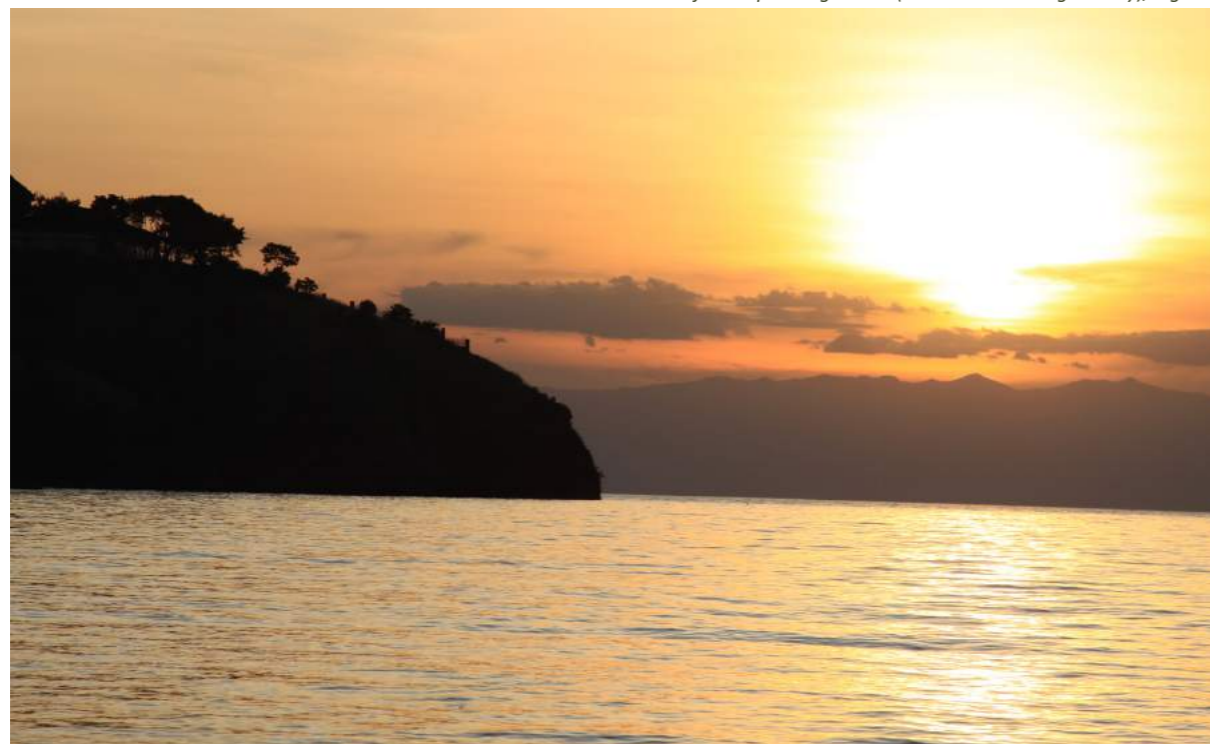
Dynamic projects in one of the poorest regions of the country, home to generations of refugees from neighbouring states.

Since:	1994
Coordination	Bro. Gilbert K. Kilassa
Brothers:	77
Co-workers/volunteers	158



SERVICES IN TANZANIA:	PLACE
1. Saint Cornelius Mental Health Centre	Kigoma
2. Saint Dymphna Psychiatric Centre	Kasulu
3. Rumonge Deaf Cooperative	Kigoma
4. School for the Deaf and Centre for Audiology and Speech	Tabora
5. Sheltered Home Bangwe	Kigoma
6. Maendeleo Youth Centre	Kigoma
7. Ahadi	Kigoma
8. Educational Resource Centre	Kigoma
OTHER	
9. Father Triest Dispensary	Dar Es Salaam

▼ Sunset at the beach of the Aqua Lodge Hotel (Income Generating Activity), Kigoma



REMARKABLE IN 2016:

1 Seminar on drug abuse and prevention youth centre

The Maendeleo Youth Centre in Kigoma, Tanzania, held a seminar on drug abuse and prevention from 9 January till 12 January 2016. The main goal of the seminar was to create awareness on drug abuse and the consequences of drugs. It was presented to the youth, by the youth.

Drug abuse is a big problem for the young generation in Tanzania. It is a huge challenge for the local population and the government. To deal with this problem, some co-workers of the Maendeleo Youth Centre gave a seminar to more than 100 youngsters. They trained them some skills and strategies on how to be able to avoid the use of drugs and how to sensitize fellow youngsters concerning the use of drugs and its bad consequences. The purpose is that these 100 trained youngsters spread in their turn the same skills to 1,000 other youngsters within one year. These 1,000 youngsters live in six districts in the Kigoma Region (Kigoma Town, Kasulu, Buhigwe, Kibondo, Kankoko and Uvinza) and belong to forgotten and deprived communities in that region.



2 Mount Tabor Day Centre inaugurated

A new day centre for children with intellectual disability was inaugurated in Tabora, Tanzania at the end of 2016.

Bro. René Stockman, president of Fracarita International, opened the new centre. Rev. Fr. Faustin, Vicar General of the Archdiocese of Tabora, representing the Archbishop, performed the blessing of the centre.

The new centre was created with the support of the Brothers of Charity and the Belgian Development Cooperation through Fracarita Belgium. The day centre should exactly be a place where you stay for a brief period and return to society, although fundamentally changed.



3 Local entrepreneurship growing in Kigoma

80% of the young people, who received a technical professional training in 2015 as part of the synergy project funded by the Belgian government, voluntarily attended an additional entrepreneurship course in 2016. Among other things, the course included accounting and marketing classes. The students could also gain practical experience in the renovation of the nearby Aqua Lodge Hotel. The course and the experience got these young people excited to establish their own businesses, which is reflected in the fact that they started 15 small businesses, individually or a few of them together, shortly after completing the course.





ASIA

Canon Triest Middle School, Lahore, Pakistan

India

Small-scale initiatives in mental health care and education for vulnerable people in India.

Since:	1992
Coordination	Bro. Wilfred Swamynathan & Dr. John Tharakan
Brothers:	35
Co-workers/volunteers	32



SERVICES IN INDIA:	PLACE
1. Jeeva Vihar Psycho-Social Rehabilitation Centre	Calicut
2. Param Mitra Sadan	Ranchi
3. Saint Giuseppe Moscati Psycho-Social Rehabilitation Centre	Sivagangai
4. Saint Peter's School	Ranchi
5. G-SET	Ranchi

▼ Gardening as a form of ergotherapy in Param Mitra Sadan, Ranchi



REMARKABLE IN 2016:

1 Charity for the mentally challenged wins Indian Fr. Triest Award

Fracarita India annually organizes the Father Triest Award. This Award is presented to people, organizations or projects that have made an exceptional contribution to breaking the taboo on mental health. The intention of this prize is to award those initiatives that approach suffering from any form of mental problems as cultural, creative, and social beings. The Fr. Triest Award of this year went to TRUST (Training and Rehabilitation of Underprivileged Members of Society, Trichy), accompanied with a cash prize of Rupees 100,000/- (INR) for their outstanding work in fighting the stigma associated with mental health issues.

2 Belgian nursing students visit psychiatric centre in India

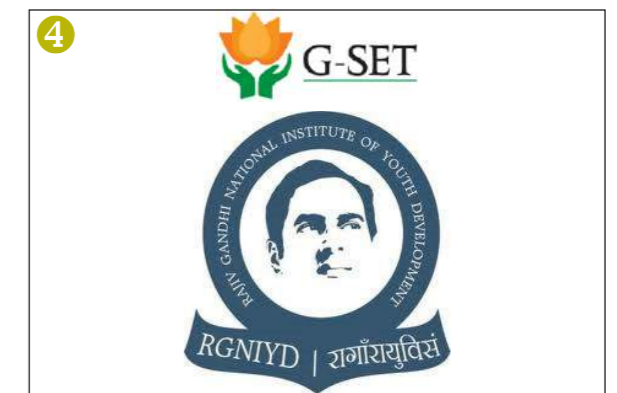
Students and teachers of the Sint-Augustinusinstituut in Aalst, Belgium visited the Centre for Psychiatric Rehabilitation Saint Giuseppe Moscati in Tamil Nadu, India in March 2016. Bro. Wilfred Swamynathan explained the students everything about the centre. There was also time to ask questions. Afterwards, the students had a group conversation with the patients. Despite the language barrier, the communication went well. It was an interesting and beautiful day for both parties, ended with a delicious meal.

3 Saint Peter's School Inauguration in Simalia, Ranchi

In the presence of the children, the teachers, many parents and friends of the Brothers of Charity, the extension of the Saint Peter's School was solemnly inaugurated and consecrated on Thursday, 22 December 2016. With the support of the South Campaign, organized by Fracarita Belgium, the Saint Peter's school in Simalia (Ranchi) was extended with new classrooms, a library, a computer room, and a lab so that the school now can educate the children to Grade 10 instead of Grade 6. As such, Saint Peter's is now a high school according to Indian standards, with a nursery department, a primary department, and a secondary department. The school has 315 pupils for the moment.

4 Signing MOU GNIYD and G-SET for Diploma Course Community Based Mental Health

On Monday 4 April 2016, there was an official Memorandum of Understanding (MOU) signing in Sriperumbudur, India, between the Rajiv Gandhi National Institute of Youth Development and Dr. Guislain Svastha Education Trust on the subject of Diploma Course Community Based Mental Health. The 6-month CBMH Diploma started in June 2016 and was conducted to 25 students in Ranchi.



Indonesia

Providing mental health care and ensuring quality education on the islands of Java and Flores.

Since:	1929
Coordination	Bro. Polikarpus Manao
Brothers:	36
Co-workers/volunteers	319

SERVICES IN INDONESIA:	PLACE
 1. Kunci	Yogyakarta
2. Renceng Mose	Ruteng
3. Sahabat Kita	Purworejo
 4. Don Bosco Institute of the Deaf	Wonosobo
5. Karya Bakti centre (School for students with a learning disability)	Purworejo
 6. Junior Boarding School	Purworejo
7. Senior Boarding School	Purworejo
8. SMP Bruderaun Yuniur School	Purworejo
9. SMA Bruderaun Senior School	Purworejo
10. TK Karitas Kindergarten School	Purwokerto
11. SD Karitas Elementary School	Purwokerto
12. SD Bruderaun Elementary School	Purwokerto
13. SMP Bruderaun Yuniur School	Purwokerto
14. SMA Bruderaun Senior School	Purwokerto
15. TK Karitas Kindergarten School	Yogyakarta
16. SD Karitas Elementary School	Yogyakarta
17. SMP Karitas Yuniur School	Yogyakarta



▼ This Indonesian man (in red t-shirt), has a psychosocial disability and was unshackled by Brothers and staff members of mental health centre 'Renceng Mose'. Unfortunately, he is not the only one who lived in this terrible and humiliating circumstances. Brothers and staff are still going to very remote villages to unchain or unshackle these people.



REMARKABLE IN 2016:

1 New roof for Indonesian school for the deaf

In November 2016, workers started with the roof renovation of the Don Bosco Institute of the Deaf in Wonosobo. The old roofing tiles were replaced by new ones. The renovation was necessary because the rainy season in Indonesia started in the same period. The renovation works were financed by the income of the annual fundraising campaign of Fracarita Netherlands (see page 47). Both private individuals and foundations supported the campaign.

2 Showroom of mental health centre in Ruteng is finalized

The construction of a psychiatric showroom in mental health centre 'Renceng Mose', located in Ruteng (Flores Island), was finalized in October 2016. A collection of chains and wood-shackles, worn by rehabilitants before they entered the centre, is now displayed for visitors. The showroom has an informative and educational purpose. It gives right information about mental health and how to better treat People with Psychosocial Disabilities (PwPD).

3 New car and motorcycle for psychiatric centre in Indonesia




Fracarita Indonesia finalized the purchase of a new car and motorcycle for the Renceng Mose Psychiatric Rehabilitation Centre & Clinic in Ruteng Town, Flores Island. The fund was made available through the generosity of two organizations (Miva Netherlands & Reinier van Arkel), mediated by Fracarita Netherlands. The choice of the car is based on the reality of Flores Island's landscape and road condition. The car will surely make it easier for Brothers & staff members to better organize the centre's two main programmes, in-patient and outreach programmes, such as home-care and awareness programmes.



Pakistan

Mental health care and education for all, in an environment of religious tensions and social injustice.

Since:	1990
Coordination	Mr. Ashraf Rahmat
Brothers:	8
Co-workers/volunteers	52

SERVICES IN PAKISTAN:	PLACE
 1. Pak Dil Centre	Lahore
 2. Kashana e Ulfat	Lahore
 3. Canon Triest Middle School	Lahore
4. Holy Rosary Hostel	Gujrat
5. Umeed-E-Nau Middle School	Lahore
6. Friends Public High School (Youhana Abad)	Lahore

REMARKABLE IN 2016:

1 Fracarita Netherlands provide Pakistani students new school materials

Fracarita Netherlands and its donators provided new books, note books and school stationery for 161 students of the Umeed-E-Nau School in Lahore, in March 2016. The school materials will help the students to continue their studies and prevent school dropouts.

2 Renovation of Pakistani schools completed after earthquake in 2015

A powerful 7.5 magnitude earthquake rocked parts of South Asia on 26 October 2015. Two schools of the Brothers of Charity in Lahore, Pakistan, were badly damaged. There were some cracks in the classrooms and the boundary walls. For this reason, Fracarita International looked for funds and received an amount from the Province of West-Flanders. The renovation works started on 23 January 2016 and are were finished in March 2016. The students can go safely to school again.



▲ Cracks in the walls, caused by the earthquake



▲ Renovation of the boundary walls




▲ Renovated classroom



Philippines

Reducing the stigma associated with mental illness and disability by offering sensitization and professional care.

Since:	1981
Coordination	Bro. Edcel Lacierda
Brothers:	9
Co-workers/volunteers	29

SERVICES IN THE PHILIPPINES:	PLACE
 1. Holy Face Rehabilitation Centre for Mental Health	Tabaco
2. Saint Dymphna Mental Health Rehabilitation Centre	Gingoog
 3. Orthopedagogical Institute	Manila

REMARKABLE IN 2016:

1 Several events at psychiatric centre in Gingoog

From January to April 2016, several events took place at the Saint Dymphna Mental Health Rehabilitation Centre in Gingoog. Patients and staff members played sports together, visited the Mantianak Botanical Garden and Zoological Park, swam in the sea, enjoyed several outings, etc. Everybody had a great time!

Saint Dymphna is a small-scaled initiative, locally originated on behalf of volunteers, and was taken over by the Brothers of Charity in 2013 and thoroughly adapted to fit the requirements of care services. The centre was reopened at the end of 2014. 'Breaking the chains of stigma' and removing the iron bars were top priorities for Fracarita Philippines.

2 Information and sensitization programmes about disabilities

Fracarita Manila and Fracarita Philippines organized several trainings from April till November 2016. Most of the trainings concerned information and sensitization about disabilities. Through these programmes, they want to provide services that empower parents, teachers and community leaders to become advocates of the well-being of persons with disabilities.

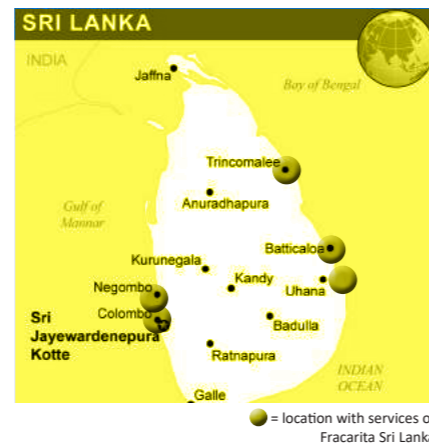


Sri Lanka

Reducing the widespread stigma associated with mental illness and mental disability by offering professional care.

Since:	1988
Coordination	Lucian Ranasinghe
Brothers:	14
Co-workers/volunteers	70

SERVICES IN SRI LANKA:	PLACE
 1. Saint Benedict Menni Mental Health Rehabilitation Centre	Kalmunai
 2. Nisansala Special Training Centre	Ja-Ela
3. Nisansala Special Training Centre	Negombo
4. Saint Joseph Special Education Centre	Batticaloa
 5. St. Mary's Boys Home	Kalmunai
6. St. Joseph's Technical Institute	Trincomalee
7. Pre-school	Kalmunai



REMARKABLE IN 2016:

1 IMHO foundress visits St. Joseph Special Education Centre in Batticaloa

Dr. Mrs. Rajam Theventhiran, Vice President of IMHO-USA, paid a courtesy visit to the St. Joseph Special Education Centre on 22 July 2016. IMHO is a grassroots global health nonprofit organization that seeks to improve and develop healthcare services and infrastructure in under-served regions worldwide. IMHO helped the centre in Batticaloa twice to equip all needs with supply of electronic entertainment devices, music items, kitchen utensils, workshop equipments and tools when they were in despair. It was a great honour to welcome Mrs. Theventhiran!



2 Christmas celebration at Nisansala services

The Nisansala services in Sri Lanka celebrated Christmas through several dance performances and acts. The Nisansala services provide support, training and care for 170 children and young adults with a learning disability and their families in training centres in Tudella (Ja-Ela) and in Negombo. Find out more via www.nisansalaboc.com



Vietnam

Pioneer work of mental health care in southern Vietnam.

Since:	2003
Coordination	Bro. Nicola Nguyen Tuan Phong
Brothers:	11
Co-workers/volunteers	9

SERVICES IN SRI LANKA:	PLACE
 1. Psychiatric Rehabilitation Centre	Bao Loc
2. Psychiatric Rehabilitation Centre	Dong Nai
 3. Collaboration work with children with a disability	Ho Chi Minh
 4. Day Care Centre for Autistic Children	Ho Chi Minh



REMARKABLE IN 2016:

1 New mental health project in Dong Nai

Since 2016, the Brothers of Charity are responsible for the care of persons with chronic mental health problems at Rehabilitation Centre Nhan Ai in Dong Nai province. Four brothers are involved in this new project and take care of the patients as well.

2 New day care centre for autistic children in Ho Chi Minh

The Brothers of Charity took over a day care centre for autistic children in Ho Chi Minh in June 2016. In the beginning, the brothers tried to sum up the needs for this initiate project, such as classrooms, office materials for teaching and other instruments. In the meantime, the project runs well. The local brothers, candidates and postulants gain a lot of experience through this small-scaled project and the children receive good care.

3 Psychiatric Rehabilitation Centre in Bao Loc: state of affairs

Due to difficult circumstances and restrictions from the government, the Psychiatric Rehabilitation Centre in Bao Loc isn't operative for the moment. The brothers are working on these issues and hope to open this project as soon as possible.



LATIN AMERICA



Brazil

Giving a warm home to vulnerable children in a country with one of the highest degrees of income inequality in the world.

Since:	1998
Coordination	Bro. Eric Verdegem
Brothers:	2
Co-workers/volunteers	8

SERVICE IN BRAZIL:	PLACE
 1. Aldeia Infantil Estrela da Manhã	São Sebastião de Amoreira

REMARKABLE IN 2016:

1 Parent conferences in Aldeia Infantil Estrela da Manhã

Aldeia Infantil Estrela da Manhã organizes parent conferences every month, which consist of workshops, meetings, and various activities. Sometimes it is just for the parents, sometimes with the children, and sometimes the children organize it themselves. There is a growing sense of togetherness between the children and their parents. The day care has only 4 childcare workers who look after 112

children. 75 others are on the waiting list and cannot get in for the time being. Fortunately, the school has been able to count on volunteers for a few years now to help!





▼ Children of Aldeia Infantil Estrela da Manhã, São Sebastião de Amoreira



Nicaragua

Bringing hope to children and youth affected by exploitation.

Since:	2009
Coordination	Bro. Jimi A. Huayta Rivera
Brothers:	1
Co-workers/volunteers	17

SERVICES IN NICARAGUA:	PLACE
 1. Programa de Intervención Psicosocial "Jesús Amigo"	Granada
 2. Programa de Reintegración Socio-Familiar "Casa Amanacer"	Granada

REMARKABLE IN 2016:

1 Minister of Family visits services in Nicaragua and hands over final approval

The two Brothers of Charity services in Nicaragua received a visit from the Minister of Family, Mrs. Marcia Ramirez Mercado, on 20 April 2016. She expressed her support and handed over the final approval in acknowledgment to the work in policies of the 'Love programme' for the protection

and care of street children and social family reintegration. Together with the ministry, Fracarita Latin-America has great expectations in the development of the services and the collaboration with them.



▼ Programa de Reintegración Socio-Familiar "Casa Amanacer", Granada



Peru

Providing care to children and adults with a mental illness or disability in a region recovering from years of fear and terror.

Since:	19652
Coordination	Bro. Jimi A. Huayta Rivera
Brothers:	5
Co-workers/volunteers	63

SERVICES IN PERU:	PLACE
1. Centro Especializado de Salud Mental de Ayacucho (COSMA)	Ayacucho
2. Centro de Rehabilitación en Adicciones "Escuela de Vida"	Lima
3. Centro de Educación Básica Especial "Pedro José Triest" (CEPETRI)	Lima



▼ Centro Especializado de Salud Mental de Ayacucho (COSMA), Ayacucho



REMARKABLE IN 2016:

1 Peruvian centre joins global awareness campaign 'We ring the bell'

On March 10, over 200,000 children at more than 800 primary schools in The Netherlands 'rang the bell'. They were joined by children in Africa, Latin America and Asia. 'We ring the bell' is an awareness campaign, organized by the Dutch 'Liliane Foundation' since 2012. Its aim is to draw attention to children's right on education. CEPETRI, a centre which provides special education in Lima, Peru, joined the global campaign. The children made noise using drums, song and dance.

2 Mental health patients beautify the appearance of the Escuela de Vida building

Several patients of the psychiatric rehabilitation centre Escuela de Vida beautified the appearance of the building in Lima, Peru in April 2016. They painted the building in different colours. It was another healthy and drug-free day!

3 New training programme to improve the conditions of inclusive education

The 'SAANEE programme' is a new training programme in Lima, Peru and was launched in March 2016. It aims at improving the conditions of inclusion for children from the Centro de Educación Básica Especial – Pedro José Triest (CEPETRI) in regular basic education, through the programme of Support and Counseling Services for the care of Special Education Needs (SAANEE).

CEPETRI works with teachers of 14 inclusive schools to improve the knowledge of teaching to children with disabilities. They develop strategies to manage inappropriate behaviour by means of workshops and meetings. The SAANEE programme uses adequate equipment, better intervention tools and more gatherings with parents of children with disabilities in inclusion. The programme provides school trainings for the families and home visits.



International Advocacy



Successful World Mental Health Day seminar in Geneva

Geneva, Switzerland – 5 October 2016. On the occasion of World Mental Health Day, Fracarita International, in association with the World Health Organization and the World Council of Churches, and under the chairmanship of the Belgian Ambassador to the United Nations, organized a seminar on the topic of ‘Breaking the Chains of Stigma in Mental Health; Restoring Human Dignity for Persons with Mental Illness’.

Keynote speaker was Dr. Shekhar Saxena, Director of the Department of Mental Health at the WHO, who presented a well-received overview of the WHO’s mental health care policy. In turn, Bro. Dr. René Stockman, Superior General of the Brothers of Charity and president of Fracarita International, outlined the mental health care policy of the Congregation of the Brothers of Charity in low-income countries, and fitted it in with the guidelines of the WHO.

After the conference, which had a large turn-out, there was a personal meeting between Dr. Saxena and Bro. Stockman, and the representatives of Fracarita International during which they had a very fruitful discussion about the place of mental health care developed by the Brothers of Charity in the vision of the WHO. They reached an agreement to conduct field research under the auspices of the WHO. With the World Council of Church, they looked at how the Congregation, as a Catholic faith-based organization can work together with other Christian initiatives.



▲ Bro. Dr. René Stockman, Superior General of the Brothers of Charity and President of Fracarita International, and Dr. Shekhar Saxena, WHO Head of Mental Health, during their official meeting on the Brothers of Charity’s mental health care model in low-income and middle-income countries.

Recommendations for International Advocacy in Fracarita International (workshop in Rome from 8 till 10 February 2016)

From the 8th to the 10th of February, Fracarita International together with the recently commissioned Justice and Peace and Integrity of Creation Commission of our Congregation of the Brothers of Charity with two guest speakers (experts in the field of International Advocacy: Dr. Jan Vandemoortele – designer of the Millennium Development goals and Fr. Markus Heinze (OFM), Franciscan International) held a workshop in the Generalate House of the Brothers of Charity.

The purposes of the workshop were as follows:

1. To get an insight in the new Sustainable Development Goals of the United Nations and to see the impact that these goals will have on the services of the Brothers of Charity.
2. To reflect on the possibilities of the Congregation of the Brothers of Charity to be involved at the United Nations level through Fracarita International and decide on the way forward.
3. To discuss and see if International Advocacy of Fracarita International can bridge the gap between the grassroots services and the world at an international level.
4. To interlink the work of the Justice and Peace and Integrity of Creation commission with the International Advocacy through Fracarita International.

These were the recommendations that were approved by the General Assembly of Fracarita International:

1. FI should make a clear separation between Fundraising and Advocacy and FI further considers using the term Project Management as opposed to Fundraising.
2. FI considers substituting the title ‘International Representation’ with International Advocacy to enlarge the scope of the international activities of FI.
3. FI does not opt for permanent residences at either Geneva or New York due to lack of human resources and budgetary constraints.
4. FI should make clear job description for the staff dealing with International Advocacy (actual advocacy is done by Mr. Prakash Goossens and Brother Jimi A. Huayta Rivera) and that those tasked with International Advocacy be given a two year mandate and be evaluated after two

years. FI should make a clear working budget for the International Advocacy.

5. FI International Advocacy should focus the three thematic areas in which the Brothers of Charity are working, namely: mental health, education and disability and the three thematic areas should be approached from a human rights perspective (human rights based approach). This approach should be in line with the Social Doctrin of the Church.
6. FI should scientifically collect data both qualitative and quantitative which can be used for advocacy purposes but also for fundraising.
7. FI should make more efforts to involve the grassroots and Institution of Brothers of Charity (sense of ownership and participation).
8. FI should come up with a concrete fundraising project for International Advocacy and FI should look for possible agencies that are interested in funding International Advocacy.
9. FI should introduce at local levels advocacy as part of the project by setting aside a certain percentage that shall be paid out to Fracarita International for International Advocacy.
10. That since International Advocacy will concentrate on the same thematic areas as the Commission for Justice and Peace and Integrity of Creation the Congregation of the Brothers of Charity believe that JPIC can give theological reflections on international days, organized by Fracarita International and those organized by the commission itself and technical aspects and international Advocacy can be left to Fracarita International.



▲ Picture of the workshop in Rome (February 2016)



▲ Sustainable Development Goals (SDGs) of the United Nations to end poverty, protect the planet, and ensure prosperity for all

Giving a voice to the voiceless...

Fracarita International is involved in advocacy for its vulnerable target groups. Through its special consultative status at ECOSOC¹, its presence in international organizations such as the International Catholic Centre of Geneva, its awareness raising campaigns and the celebration of international days, Fracarita International aims to make the “voice of the voiceless” heard by national and international policy makers.

¹ Economic and Social Council of the UN

1. Dr. Guislain Award 2016

The Dr. Guislain Award Ceremony took place on 10 October 2016, at the occasion of World Mental Health Day, in New York. The Dr. Guislain Award is a joint initiative of the Museum Dr. Guislain of the Brothers of Charity and Janssen Research & Development. With this award, the organizers want to put the spotlight on a project that focuses in a unique and special way on taking down the stigma, the taboo, and the discrimination that still exists towards people with mental illness.

This year's international panel of judges chose Dr. Chantharavady Choulamany's 'Basic Needs - Better Mental Health, Better Lives' project as their winner. Dr. Choulamany is a psychiatrist from Laos, who attempts to put the care for psychiatric patients on the map in her country with a unique training and support programme. In Laos, a country that has a population of 6 million, there are only two psychiatrists and a very poor level of care for people with mental health problems. As part of her programme, Dr. Choulamany tries to train Buddhist monks as counsellors, in the belief that these people can have a great impact starting from their spiritual life in the approach to people with mental disorders.

Bro. René Stockman, as curator of the Museum Dr. Guislain, and Dr. H. Manji, head of Neuroscience at Janssen Research & Development, presented the award of \$ 50,000. In her acceptance speech, Dr. Choulamany told a captivating story about her pioneering work in her country.



▲ From left to right: Bro. Stockman (Superior General of the Brothers of Charity), Dr. Chantharavady Choulamany (winner Dr. Guislain Award 2016) and Dr. H. Manji (head of Neuroscience at Janssen Research & Development).
Picture: @ShaneDrummondPhoto

2. World Mental Health Day seminar in Geneva, Switzerland

See page 42.

3. World Mental Health Day

On October 10th 2016, the World Health Organization organized World Mental Health Day. Fracarita International gives its full support to this worldwide initiative.

The psychiatric centres of the Brothers of Charity in Latin America, Asia and Africa were also invited to organize different activities at the occasion of World Mental Health Day (see below).

List of activities organized by our country offices for World Mental Health Day:

Theme WMHD 2016: psychological first aid.

Burundi

Centre Neuro-Psychiatrique Kamenge (CNPK), Bujumbura:

- Integration project of mental health care in the province of Rutana;
- Sensitization actions in Bujumbura and Gitega, supported by several partners;
- Radio spots;
- Animation in Rutana (drummers, dancers, sketches, speeches, etc.)

Central African Republic

Fracarita CAR:

- Speech for the pupils of the Padre Pio Primary School in Bimbo;
- Activities for the toddlers;
- Sensitization actions and information about traumas and mental health on the level of the children.

DR Congo

Centre Neuro-Psychiatrique Dr. Joseph Guislain, Lubumbashi

- Conference debates;
- Q&A-sessions;
- Speeches by several representatives.

India

Dr. Guislain Svastha Educational Trust (G-SET), Ranchi

- Opening ceremony;
- Drawing exhibition;
- Overall briefing about G-SET;
- Speeches;
- Awareness campaigns and testimonies;
- Fr. Triest Award ceremony, organized by Fracarita India and the Department of Women's Studies of the Alagappa University in Karaikudi. The award aims to create awareness to people to break the chains of stigma on mental health.

Indonesia

Renceng Mase, Ruteng

- Seminar on mental health;
- Poetry night;
- Action for people with psychosocial disabilities (PwPD), by releasing PwPD from wood-shackles (in Indonesia = 'Pasung').

Ivory Coast

Maison des soins psychiatriques Saint Vincent de Paul, Yamoussoukro

- 'Opération Hôpital Propre';
- Small ceremony;
- Sensitization actions in collaboration with NGO 'Lumière et vie';
- Reductions on all services in the centre during the whole month of October.

Nicaragua

Programa de Intervención Psicosocial "Jesús Amigo", Granada

- Advocacy with presentation at Sandido Park: 'The importance of family involvement in rehabilitation treatment' (in collaboration with the Ministry of Family);
- Family day: residents and family members share a full day together.

Peru

Centro Especializado de Salud Mental de Ayacucho (COSMA), Ayacucho

- Broadcast: 'Promotion of Mental Health';
- Media interviews at local level;
- Information fair;
- Photo session;
- Theater play: 'First Aid in Mental Health';
- Game: 'Dignity in Mental Health';
- Exhibition of products from the workshop;
- Conference 'Dignity in Mental Health'.

Philippines

Holy Face Rehabilitation Centre for Mental Health, Tabaco City

- Grand motorcade and opening programme;
- Special guest: Ms. Cielo Krisel Lagman Luistro (see picture below);
- Family day;
- Mental health congress and workshops;
- Outing to the municipality of Malinao.

Saint Dymphna Rehabilitation Centre for Mental Health, Gingoog City

- Psychiatric consultations at the centre;
- Home visits with sensitization purpose;
- Family day: activities together with family.

Tanzania

St. Dymphna Rehabilitation Centre, Kasulu

- Sensitization campaigns about epilepsy to communities of the catholic church, to primary schools and through Radio Kwizera.

St. Cornelius Mental Health Centre Kasaka

- Public awareness programme about mental health issues and psychology;
- Psychoeducation to families of residents;
- Public awareness programme about mental health issues and psychology for patients and families;
- Public awareness programme about mental health issues and psychology for students and teachers of the secondary school.



▲ WMHD Celebrations at the Holy Face Rehabilitation Centre for Mental Health in Tabaco City (Philippines).
'Guest of Honor' Ms. Cielo Krisel Lagman Luistro gave the opening speech on October 4th, 2016.

News from the main office

News from the regional fundraising offices



January: WHO Forum on Mental Health

Prof. Dr. Geert Dom participated in the WHO Forum on the Mental Health Gap Action Programme (mhGAP) in Geneva on 8 and 9 October on behalf of Fracarita International. The mhGAP aimed at scaling up services for mental, neurological and substance use disorders for countries especially with low- and middle-income. The Conference paid much attention to initiatives that reduce the gap between primary care and mental health care.



March: new office space in main office in Bruges

Fracarita International has a new common office space for all co-workers since March 2016. The office space is located on the ground floor of Fracarita International's main office in Bruges. Five desks are in the same room now, together with all computers and office materials. The team of Fracarita International can now work closer together.



April: new co-worker

Mr. Paul Segers joined the Fracarita International team in Bruges as International Project Manager and Fundraiser on April 22th. Paul is active within the congregation since 1989, successively as administrative director and as director patient care of the Dr. Guislain Psychiatric Centre in Ghent, Belgium. Beside the international project management and fundraising, Paul also has the assignment to establish and support the income generating activities (IGAs) in the South.



June: One-day world festival in Bruges

On June 25th, Fracarita International participated at the world festival "Feest in't Park" in Bruges, Belgium, with an information stand. This annual one-day world festival is organized by the council for development cooperation of the city of Bruges. The participation of Fracarita International was important to make the NGO better known in Bruges.



November: successful fundraising dinner

On November 15th, Fracarita International and Fracarita Belgium held their third fundraising dinner. The joint event was very successful. No less than 105 supporters attended the dinner. The profit is used to develop secondary education for the children of the Saint Peter's School in Simalia, India. A second floor is constructed, where there will be classes for secondary education.

Manila, the Philippines

In April 2016, Fracarita Manila and Adamson University committed themselves to a project partnership to foster empowerment for parents, teachers and community leaders in the promotion of the well-being of persons with disabilities. The project partnership was called 'Competency Development Program in Special Education' and consisted of eight conferences. The programme was supported by the Filipino NGO 'Assisi Development Foundation', which made a financial contribution. Fracarita Manila also formalized its partnership with De La Salle University (DLSU Manila) by attending the orientation for partner organizations. The partnership will directly benefit the orthopedagogical institute of the Brothers, and expand local partnerships of our office.

'Metrobank Foundation' extended their resources for the projects and donated an amount for medicines for the St. Dymphna Rehabilitation Centre in Gingoog City. On the project development side, Fracarita Manila was accepted as partner of the Papal Foundation. It has granted a requested fund to start the livelihood activities on the three centres of the Brothers of Charity in the Philippines (see page 33). The project proposal was also approved by the Pondo ng Pinoy Foundation, an organization under the Archdiocese of Manila.

Rome, Italy

In 2016, Fracarita Italy received donations from different Church Authorities, private persons and other foundations for the benefit of the Centre Neuro-Psychiatrique Pierre Joseph Triest (Kikwit, DR Congo), Nioki Centre Elikya (Nioki, DR Congo), Centre Simama (Kisangani, DR Congo), Centre for Mental Health Care for Children and Adolescents with Post Traumatic Stress Disorder (PTSD Bangui, Central African Republic). You find more information about these services and projects on the pages of the countries where they are presented.

Ghent, Belgium

In 2016, the annual campaign of Fracarita Belgium raised a record € 188.391 for the construction of a second floor on the Saint Peter's Primary School of the Brothers of Charity in Simalia (Jharkhand, India). The new floor consists of extra classrooms, a library room, a computer room and lab rooms that are required to start secondary education. The Saint Peter's School was founded by the Brothers of Charity to provide primary education to tribal children working in the local stone quarries. Primary education is of vital importance in the emancipation process of the local population. But for a real escape out of the vicious circle of extreme poverty, a diploma of secondary education is essential, both for boys and girls. Such a diploma gives access to safe and fairly paid jobs and, as a consequence, will lead to a much brighter future for the local youth and future generations.

The different facilities and services of the Brothers of Charity in Belgium participated in the South Action campaign by informing their pupils, students, patients and clients about the campaign's theme and by organizing a whole range of fundraising activities. On November 15th, a fundraising dinner was organized for this campaign by Fracarita Belgium and Fracarita International in the town of Maldegem, Belgium.

Eindhoven, the Netherlands

2016 was a successful year for Fracarita Netherlands. While the roof renovation of the deaf institute in Wonosobo, Java, Indonesia was in full swing (2014/2015 campaign; see page 31), a new annual campaign was launched. Together with Wilde Ganzen, a fundraising campaign was initiated to improve the safety of the patients of Renceng Mose, the psychiatric centre in Ruteng, Flores, Indonesia. There were several big and small donations. In addition to this year project, they bought a car and a motorcycle with the support of Miva and the Reinier van Arkel Group to better serve the patients. More information on this and other projects supported by the contributors of Fracarita Netherlands can be found on the Facebook page (www.facebook.com/FracaritaNetherlands/) and on Fracarita Netherlands' website (www.fracarita-netherlands.org).

Financial Figures

of Fracarita International and its regional fundraising offices

€ EURO

	Fracarita International ivzw	Fracarita Belgium	Fracarita Netherlands	Total 2016
COMBINED PROFIT AND LOSS ACCOUNT FOR 2016 - EURO				
EXPENSES				
Services and miscellaneous goods	1,125,470.05	63,232.45	106,680.00	1,295,382.50
Staffing costs	281,624.08	736,990.00	118,096.00	1,136,710.08
Depreciations	24,897.50	5,538.86	-	30,436.36
Other operational costs	1,011.44	3,017,245.49	-	3,018,256.93
Financial costs	392.95	67.14	126.00	586.09
Exceptional costs	9,073.53	-	-	9,073.53
TOTAL EXPENSES	1,442,469.55	3,823,073.94	224,902.00	5,490,445.49
REVENUES				
Donations, contributions, subsidies,...	544,838.22	3,495,867.54	112,500.00	4,153,205.76
Recovery	15,291.96	603.40	99,889.00	115,784.36
Financial revenues	37,388.33	10,701.48	465.00	48,554.81
Exceptional revenues	20,941.69	-	-	20,941.69
TOTAL REVENUES	618,460.20	3,507,172.42	212,854.00	4,338,486.62
NET ASSETS	-824,009.35	-315,901.52	-12,048.00	-1,151,958.87

COMBINED BALANCE SHEET FOR 2016 - EURO

	Fracarita International ivzw	Fracarita Belgium	Fracarita Netherlands	Total 2016
ASSETS				
Intangible fixed assets	-	870.29	-	870.29
Material fixed assets	347,085.95	10,135.74	-	357,221.69
Accounts receivable > 1 year	118,000.00	104,351.55	88,708.00	311,059.55
Accounts receivable < 1 year	197,611.29	27,343.28	7,500.00	232,454.57
Liquid assets	1,391,231.13	845,112.32	-	2,236,343.45
Deferred charges & accrued income	41,860.06	21,776.96	-	63,637.02
TOTAL ASSETS	2,095,788.43	1,009,590.14	96,208.00	3,201,586.57
LIABILITIES				
Funds of the association	1,231,836.02	502,208.21	23,499.00	1,757,543.23
Appropriated funds	-	35,845.70	-	35,845.70
Transferred loss	-193,772.53	265,405.81	-	71,633.28
Provisions	-	-	-	-
Accounts payable < 1 year	755,312.12	248,021.80	84,757.00	1,088,090.92
Accruals and deferred income	1,126,422.17	274,010.14	-	1,400,432.31
NET ASSETS	-824,009.35	-315,901.52	-12,048.00	-1,151,958.87
TOTAL LIABILITIES AND NET ASSETS	2,095,788.43	1,009,590.14	96,208.00	3,201,586.57

\$ USD

	Fracarita International ivzw	Fracarita Belgium	Fracarita Netherlands	Total 2016
COMBINED PROFIT AND LOSS ACCOUNT FOR 2016 - USD				
EXPENSES				
Services and miscellaneous goods	1,337,058.42	75,120.15	126,735.84	1,538,914.41
Staffing costs	334,569.41	875,544.12	140,298.05	1,350,411.58
Depreciations	29,578.23	6,580.17	-	36,158.40
Other operational costs	1,201.59	3,584,487.64	-	3,585,689.23
Financial costs	466.82	79.76	149.69	696.27
Exceptional costs	10,779.35	-	-	10,779.35
TOTAL EXPENSES	1,713,653.83	4,541,811.84	267,183.58	6,522,649.24
REVENUES				
Donations, contributions, subsidies,...	647,267.81	4,153,090.64	133,650.00	4,934,008.44
Recovery	18,166.85	716.84	118,668.13	137,551.82
Financial revenues	44,417.34	12,713.36	552.42	57,683.11
Exceptional revenues	24,878.73	-	-	24,878.73
TOTAL REVENUES	734,730.72	4,166,520.83	252,870.55	5,154,122.10
NET ASSETS	-978,923.11	-375,291.01	-14,313.02	-1,368,527.14

COMBINED BALANCE SHEET FOR 2016 - USD

	Fracarita International ivzw	Fracarita Belgium	Fracarita Netherlands	Total 2016
ASSETS				
Intangible fixed assets	-	1,033.90	-	1,033.90
Material fixed assets	412,338.11	12,041.26	-	424,379.37
Accounts receivable > 1 year	140,184.00	123,969.64	105,385.10	369,538.75
Accounts receivable < 1 year	234,762.21	32,483.82	8,910.00	276,156.03
Liquid assets	1,652,782.58	1,003,993.44	-	2,656,776.02
Deferred charges & accrued income	49,729.75	25,871.03	-	75,600.78
TOTAL ASSETS	2,489,796.65	1,199,393.09	114,295.10	3,803,484.85
LIABILITIES				
Funds of the association	1,463,421.19	596,623.35	27,916.81	2,087,961.36
Appropriated funds	-	42,584.69	-	42,584.69
Transferred loss	-230,201.77	315,302.10	-	85,100.34
Provisions	-	-	-	-
Accounts payable < 1 year	897,310.80	294,649.90	100,691.32	1,292,652.01
Accruals and deferred income	1,338,189.54	325,524.05	-	1,663,713.58
NET ASSETS	-978,923.11	-375,291.01	-14,313.02	-1,368,527.14
TOTAL LIABILITIES AND NET ASSETS	2,489,796.65	1,199,393.09	114,295.10	3,803,484.85

*Exchange rate on 05/09/2017: € 1 = \$ 1,1880



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